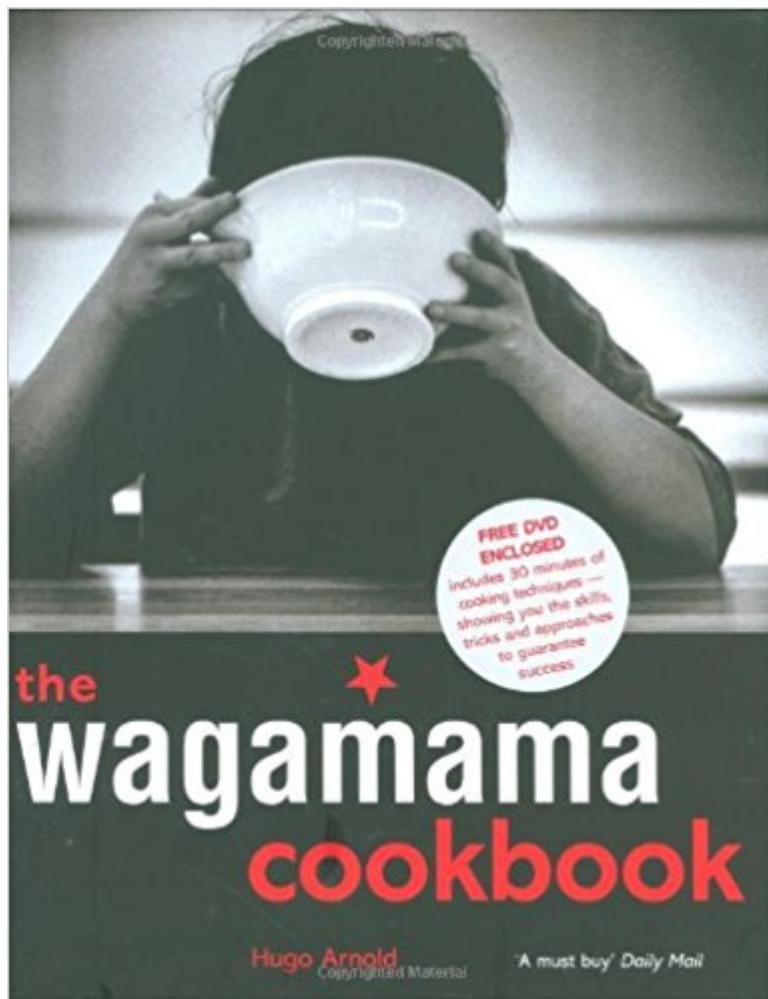


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# The Wagamama Cookbook



## **Synopsis**

True to the positive eating, positive living ethos of wagamama's idiosyncratic chain of noodle restaurants, this official collection of recipes shares the secret of the hallmark culinary minimalism that has won it instant cult status worldwide. There are over 65 wagamama branches worldwide and the first U.S. branch opens in Boston in April. The distinctive wagamama flavor originates from the traditional ramen (noodle) stalls of Japan, which guarantee nourishment with ingredients that cleanse and nurture the mind and body. Suitable for meat-eaters, seafood lovers and vegetarians alike, the noodle and rice recipes have been specially created by the people behind Wagamama's unique house style and concentrate on cooking fresh, quality ingredients in a way that retains maximum flavor and nutrition. With a helpful DVD showing how to create dishes as well as tips and techniques, cooking wagamama style has never been so easy.

## **Book Information**

Hardcover: 192 pages

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Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 26 customer reviews

Best Sellers Rank: #149,330 in Books (See Top 100 in Books) #53 in Books > Cookbooks, Food & Wine > Asian Cooking > Japanese #1610 in Books > Cookbooks, Food & Wine > Regional & International #2526 in Books > Cookbooks, Food & Wine > Special Diet

## **Customer Reviews**

Named one of the 10 best cookbooks of 2007 --EatDrink with Lucinda Scala Quinn, December 2007

Now you can enjoy the unique wagamama experience in the comfort of your home! With healthy, nutritious, quick and easy recipes from mouthwatering appetizers and salads to hearty noodle soups, you can cook a delicious, low-fat meal in minutes.

I love this restaurant but no longer live near one. This could book had many of my favorite recipes and so far each one I've made has come out as I remember it. A+

Have been very pleased with this cookbook. Great sauce recipes in addition to everything else. Favorite recipe is salmon hot pot - easy to prepare, bakes in the oven, the only recipe in the book not from the restaurant. It alone has been worth the price.

Quite happy with this purchase. Ever since we moved back to the United States from Australia I've been missing the quick, healthy and tasty food I got from our local (in Australia) Wagamama. The cookbook gives excellent direction on the majority of the items my wife and I enjoyed. The video DVD is a nice bonus as well.

Wagamama is a Japanese-like restaurant I frequented while living in London. After going through withdrawals when I returned to California, I came across this cookbook. It is so good that you would not believe my review if I really, honestly wrote of how much I enjoy their food. The noodle dishes are best! For those of you who have not tried the food at Wagamama, think of simple and fresh ingredients tossed together in non-traditional ways. The recipes in this book are pretty easy and my limited skills in the kitchen are enough to make great meals.

This is such a great recipe book, and is presented beautifully! Many other customers complained about their favourite wagamama dishes being absent; well of course they're not going to include their whole menu, then people would stop going back to their restaurants! There is still a great range of recipes in this book, and I really love it.

Looked at this book from a friend and decided I had to have it. It's excellent for the oriental sauces one can prepare, keep in the fridge and use for a variety of preparations. It's clear, non fussy and effective.

The Wagamama cookbook is really easy to follow and the result is delightful, 100% of the time... Just buy it.

Great

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